



College of Education, Health, & Human Services

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Dr. Kelly Cichy

Assistant Professor

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Education

Ph.D., Human Development and Family Studies

The Pennsylvania State University

Cichy, K. E. (2006). *Within and between family associations in attitudes, behaviors, and perceptions in the parent-adult offspring relationship*. Unpublished Doctoral Dissertation, The Pennsylvania State University.

M.S., Human Development and Family Studies

The Pennsylvania State University

Publications

Cichy, K. E., Lefkowitz, E. S., & Fingerman, K. L. (2007). Generational differences in gender attitudes between parents and grown offspring. *Sex Roles*, 57, 825-836. 2007

Publication: *Journal Articles, Refereed*

Cichy, K. E., Fingerman, K. L., & Lefkowitz, E. S. (2007). Age differences in types of interpersonal tensions. *International Journal of Aging and Human Development*, 64, 171-193. 2007

Publication: *Journal Articles, Refereed*

Fingerman, K. L., Chen, P. C, Hay, E, Cichy, K. E., & Lefkowitz, E. S. (2006). Ambivalent reactions in the parent-offspring relationship. *Journals of Gerontology: Psychological Sciences*, 61, P152-P160. 2006

Publication: *Journal Articles, Refereed*

Almeida, D. M., Stawski, R. S., & Cichy, K. E. (in press). Combining checklist and interview approaches for assessing daily stressors: The daily inventory of stressful events. In R. J. Contrada and A. Baum (Eds.), *Handbook of Stress Science: Biology, Psychology, & Health*: Springer.

Publication: *Book Chapters*

Presentations

Cichy, K. E., Stawski, R. S., Mroczek, D. K., Spiro III, A. & Almeida, D. M. (2009, November, accepted). Husbands as naturally occurring stressors: Daily stressors and well-being in older couples. In K. E. Cichy and R. S. Stawski (Chairs), *Associations between Daily and Chronic Stressors, Family Relationships, Chronic Stressors, Family Relationships, and Well-Being*. Symposium to be presented at the meeting of the Gerontological Society of America, Atlanta, GA. 2009

Type: *National Refereed*

Stawski, R. S., **Cichy, K. E.**, & Almeida, D. M. (2009, November, accepted). Linking daily stressors to negative affect: The importance of subjective appraisals and event type. In R.S. Stawski (Chair), *The Dynamic Nature of Stress and Well-being: Short-term Variability from a Lifespan Perspective*. Symposium to be presented at the meeting of the Gerontological Society of America, Atlanta, GA. 2009

Type: *National Refereed*

Stawski, R. S., **Cichy, K. E.**, & Sliwinski, M. J. (2009, November, accepted). Perceived social support and reactivity to daily stressors among older adults. In K. E. Cichy and R. S. Stawski (Chairs), *Associations between Daily and Chronic Stressors, Family Relationships, and Well-Being*. Symposium to be presented at the meeting of the Gerontological Society of America, Atlanta, GA. 2009

Type: *National Refereed*

Cichy, K. E., Stawski, R. S., Almeida, D. M., & Seeman, T. (2008, November). Is there a physiological cost to caring?: Associations between exchanges of support and indicators of allostatic load. In K. E. Cichy and R. S. Stawski (Chairs), *Two Sides of the Same Coin: How Social Relationships Both Benefit and Compromise Health*. Symposium presented at the meeting of the Gerontological Society of America, National Harbor, MD. 2008

Type: *National Refereed*

Stawski, R. S., Cichy, K. E., & Almeida, D. M. (2008, November). Inter-event variability in daily stressors. In R. S. Stawski and K. E. Cichy (Chairs), *Stress Processes Adulthood and Old Age: Considerations among Healthy Adults, Injury Sufferers, and Caregivers*. Symposium presented at the meeting of the Gerontological Society of America, National Harbor, MD. 2008

Type: *National Refereed*

Hahn, E., Cichy, K. E., & Almeida, D. M. (2008, November). Daily time use in widowhood and well-being. Poster presented at the meeting of the Gerontological Society of America, National Harbor, MD. 2008

Type: *National Refereed*

Cichy, K. E., Stawski, R. S., & Almeida, D. M. (2007, November). Getting under the skin: Examining associations between daily stressful experiences and the diurnal rhythm of cortisol. In K. E. Cichy and D. M. Almeida (Chairs), *Advantages of Daily Diary Approaches for Examining Variability in Stressful Experiences in Adulthood*. Symposium presented at the meeting of the Gerontological Society of America, San Francisco, CA. 2007

Type: *National Refereed*

Cichy, K. E., Lefkowitz, E. S., & Fingerman, K. L. (2007, November). Do parents see their offspring through rose-colored glasses? Examining parents' and grown offspring's perceptions of success. In V. Bedford (Chair), *Discrepancies Between Family Informant Reports and Their Implications*. Symposium presented at the meeting of the Gerontological Society of America, San Francisco, CA. 2007

Type: *National Refereed*

Cichy, K. E., Lefkowitz, E. S., Haupt, S. E., Thieman, C. S., & Fingerman, K. L. (2006, July). Who's in charge? Generational differences in dominance behavior during parent-adult offspring interactions. Poster presented at the Conference on Personal Relationships (IARR), Rethymnon, Crete.

2006

Type: *International Refereed*

Service

Member, International Association for Relationship Research (IARR)

2003 - 2009

Type: *International*

Member, Gerontological Society of America

2001 - 2009

Type: *National*

Grants

PI, Daily Family Stressors and Health

2009 - 2011

In this proposal, I sought support to analyze data from a national diary study to investigate how ethnic differences in exposure and reactivity to family stressors contribute to health disparities between African Americans and European Americans.

Collaboration with: Kelly Cichy

Awarded: \$59,860.00 (0 0)

National Institute on Aging - Basic Research



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