



## College of Education, Health, & Human Services

www.ehhs.kent.edu

### Dr. Karla Anhalt

Assistant Professor  
LDES  
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#### Education

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**Ph.D., Child Clinical Psychology** 2000

West Virginia University

*Dissertation title: The relation between parenting factors and social anxiety Program accredited by the American Psychological Association*

**M.A., Child Clinical Psychology** 1996

West Virginia University

*Thesis title: Student perspectives on training in gay, lesbian, and bisexual issues*

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#### Higher Education Work Experience

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**Assistant Professor, Tenure-track** 08/2003 - present

Kent State University

*School Psychology faculty member within EFSS department*

**Assistant Professor** 08/2000 - 07/2003

Texas A&M University

*School Psychology Faculty member*

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#### Other Professional Experience

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**Faculty Supervisor** 08/2005 - 06/2007

Counseling and Human Development Center

*Faculty Supervisor to school psychology graduate students at the School Psychology Assessment Clinic within the Counseling and Human Development Center of Kent State University, Kent, Ohio.*

**Faculty Supervisor** 09/2000 - 07/2002

Counseling and Assessment Clinic, Texas A&M University

*Faculty Supervisor to doctoral practicum students at the Counseling and Assessment Clinic, a community-based clinic in Bryan, Texas. Provided supervision to graduate students conducting therapy with children and families with a wide range of presenting concerns.*

Munroe-Meyer Institute, University of Nebraska Medical Center

*Pediatric Psychology Internship within the Nebraska Internship Consortium in Professional Psychology (Approved and Accredited by the American Psychological Association)*

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## Publications

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**Anhalt, K.,** & Borrego, J. (in press). Ethnic minority children and families. In C. B. McNeil & T. Hembree-Kigin. *Parent-Child Interaction Therapy* (2<sup>nd</sup> ed.). New York: Springer. 2010

Publication: *Book Chapters*

Sanchez-Fowler, L. T., Banks, T. I., **Anhalt, K.,** Devore, H. H., & Kalis, T. (2008/2009). The association between externalizing behavior problems, teacher-student relationship quality, and academic performance in young urban learners. *Behavioral Disorders, 33, 167-183* 2009

Publication: *Journal Articles, Refereed*

**Anhalt, K.,** & Morris, T. L. (2008). Parenting characteristics associated with anxiety and depression: A multivariate approach. *Journal of Early and Intensive Behavior Intervention, 122-137.* 2008

Publication: *Journal Articles, Refereed*

Anhalt, K., Telzrow, C., & Brown, C. (2007). Maternal stress and emotional status during the perinatal period and childhood adjustment. *School Psychology Quarterly, Vol. 22, pp. 74-90.* 2007

Publication: *Journal Articles, Refereed*

Daddario, R., Anhalt, K., & Barton, L. E. (2007). Differential reinforcement of other behavior applied classwide in a child care setting. *International Journal of Behavioral Consultation and Therapy, 3, 342-348.* 2007

Publication: *Journal Articles, Refereed*

Anhalt, K. (2006). Do I have to be black or brown to count? An appeal for broad appreciation and understanding of diversity. C. Stanley (Ed.). *Faculty of Color Teaching in Predominantly White Colleges and Universities* (pp. 41-53). Bolton, MA: Anker Publishing. 2006

Publication: *Book Chapters*

Tan, G., & Anhalt, K. (2006). Understanding perceptions of mental health in people of Asian descent in the United States: Implications for school psychologists. *The School Psychologist, 60, 23-27.* [This publication is the national newsletter of the Division of School Psychology (Division 16) of the American Psychological Association]. 2006

Publication: *Journal Articles, Refereed*

Borrego, J., Anhalt, K., Terao, S. Y., Vargas, E. C., & Urquiza, A. J. Parent-child interaction therapy with a Spanish-speaking family. *Cognitive and Behavioral Practice, 13, 121-133.* 2006

Publication: *Journal Articles, Refereed*

- Boothe, J., Borrego, J., Hill, C., & Anhalt, K. (2005). Treatment acceptability and treatment compliance in ethnic minority populations. In C. L. Frisby & C. Reynolds (Eds.). *Comprehensive Handbook of Multicultural School Psychology* (pp. 945-972). Hoboken, NJ: Wiley. 2005  
Publication: *Book Chapters*
- Anhalt, K., & Morris, T. L. (2003). Developmental and adjustment issues of gay, lesbian, and bisexual adolescents: A review of the empirical literature. In L. D. Garnets & D. C. Kimmel (Eds.) *Psychological perspectives on lesbian, gay, and bisexual experiences* (2nd ed., pp. 571-601). New York: Columbia University Press. 2003  
Publication: *Book Chapters*
- Warzak, W. J., & Anhalt, K. (2003). Psychosocial recovery of youth and adolescents with Traumatic Brain Injury: Nature of the problem and intervention approaches. In K. Hux (Ed.), *Assisting Survivors of Traumatic Brain Injury: The Role of Speech-Language Pathologists* (pp. 239-260). Austin, TX: Pro-Ed. 2003  
Publication: *Book Chapters*
- Rosenthal, E., & Anhalt, K. (2003). Tuberculosis. In E. Fletcher-Janzen, & C. Reynolds (Eds.), *Childhood disorders diagnostic desk reference* (pp. 629-630). New York: Wiley. 2003  
Publication: *Encyclopedia Entry*
- Rosenthal, E., & Anhalt, K. (2003). Werner's Syndrome. In E. Fletcher-Janzen, & C. Reynolds (Eds.), *Childhood disorders diagnostic desk reference* (pp. 654-655). New York: John Wiley & Sons. 2003  
Publication: *Encyclopedia Entry*
- Rosenthal, E., & Anhalt, K. (2003). Sudden Infant Death Syndrome. In E. Fletcher-Janzen, & C. Reynolds (Eds.), *Childhood disorders diagnostic desk reference* (pp. 601-602). New York: Wiley. 2003  
Publication: *Encyclopedia Entry*
- Anhalt, K., Morris, T. L., Scotti, J. R., & Cohen, S. H. (2003). Student perspectives on training in gay, lesbian, and bisexual issues: A survey of behavioral clinical psychology programs. *Cognitive and Behavioral Practice*, 10, 255-263. 2003  
Publication: *Journal Articles, Refereed*
- Anhalt, K., Simpson, R., & Zions, L. (2002). The role of families in supporting children with emotional and behavioral concerns. In P. Zions, R. Simpson, & L. Zions (Eds.), *Emotional and behavioral problems: A handbook for understanding and handling students* (pp. 175-199). Thousand Oaks, CA: Corwin Press. 2002  
Publication: *Book Chapters*

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## Presentations

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- Discussant. In S. Spendlove, & Borrego, J. (Chairs), *Risk and Protective Factors Related to Latino Adolescent Psychological Problems*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL. 2008  
Type: *National Refereed*

- Anhalt, K., Cowan, R., Tankersley, M., & Pretti-Fronczak, K. (2007, November). Behavioral consultation in diverse school settings: An overview of the BISP training grant. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA. 2007  
Type: *National Refereed*
- Stroh, M., & Anhalt, K. (2007, March). Effective literacy instruction for Spanish-speaking students in the U.S. Paper presented at the 2007 convention of the National Association for School Psychologists, New York City. 2007  
Type: *National Refereed*
- Anhalt, K., Cowan, R. J., Daddario, R., Franklin, C., & Goldyn, J. (2007, March). Implementing positive behavior supports through behavioral consultation in preschool classrooms. Mini-skills workshop presented at the 2007 convention of the National Association for School Psychologists, New York City. 2007  
Type: *National Refereed*
- Anhalt, K. (2007, January). Ethnic and sexual minority youth: A review of the research literature on African-American and Hispanic gay, lesbian, and bisexual adolescents. Poster presented at the 2007 National Multicultural Conference and Summit of the American Psychological Association, Seattle, WA. 2007  
Type: *National Refereed*
- Anhalt, K., Cowan, R., Tankersley, M., & Pretti-Fronczak, K. (2007, November). Behavioral consultation in diverse school settings: An overview of the BISP training grant. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA. 2007  
Type: *National Refereed*
- Eberts, M., Anhalt, K., & Barton, L. (2006, April). Assessment practices with limited English proficient students in Ohio. Poster presented at the convention of the National Association of School Psychologists, Anaheim, CA. 2006  
Type: *National Refereed*
- Tankersley, M., McGoey, K., Cowan, R., Anhalt, K., Pretti-Fronczak, K., & Barton, L. (2005, November). The behavior intervention specialist program: Outcomes of a collaborative consultation training program. Paper presented at the annual meeting of Teacher Educators for Children with Behavioral Disorders, Tempe, AZ. 2005  
Type: *National Refereed*
- Zionts, L., & Anhalt, K. (May, 2005). Technical adequacy of the Strengths and Difficulties Questionnaire for African-American children. Poster presented at the Annual Meeting of the Society for Prevention Research, Washington, D.C. 2005  
Type: *National Refereed*
- Anhalt, K. (2005, November) Factor structure of the Strengths and Difficulties Questionnaire in an American community sample. Poster presented at the convention of the Association for Cognitive and Behavioral Therapies (formerly known as the Association for Advancement of Behavior Therapy), Washington, D.C. 2005  
Type: *National Refereed*
- Zionts, L., Anhalt, K., Hinrichs Devore, H., & Davidson, S. (2004, April). Children's School Adjustment: The Impact of Teacher and Parent Relationships. Paper presented at the 2004 Convention of the National Association for School Psychologists, Dallas, Texas. 2004  
Type: *National Refereed*

Bahl-Long, A., Anhalt, K., McGoey, K., Fried, S., Borrego, J., Ibañez, E., Pemberton, J., & Sheridan, S. (2004, April). Behavior Management in Diverse Preschool Classrooms: Strategies for School Psychologists. Symposium presented at the 2004 Convention of the National Association for School Psychologists, Dallas, Texas.

Type: *National Refereed*

Zionts, L., & Anhalt, K. (2004, November). Concurrent validity and internal consistency of the Strengths and Difficulties Questionnaire as a screening instrument for U.S. school populations. Paper presented at the TECBD National Conference on Severe Behavior Disorders of Children and Youth, Tempe, Arizona.

Type: *National Refereed*

McLean, C., Solsora, N., Chang, R., Hofmann, S., Hong, J., Borrego, J., Anhalt, K., Belcourt-Dittloff, A. (2004, November). Multicultural Considerations in Anxiety Disorders. Panel Discussion presented at the convention of the Association for Advancement of Behavior Therapy, New Orleans, Louisiana.

Type: *National Refereed*

Horvath, K., Anhalt, K., Arias, I., Belcourt-Dittloff, A., Martell, C., & Wright, E. (2004, November). Protective and Risk Factors of Psychological and Physical Health: A Focus on Minority and Underserved Populations. Panel Discussion presented at the convention of the Association for Advancement of Behavior Therapy, New Orleans, Louisiana.

Type: *National Refereed*

Chaparro, A., Rodriguez, E., & Anhalt, K. (2003, November). Adaptation of classwide peer tutoring in México City. Poster presented at the convention of the Association for Advancement of Behavior Therapy, Boston, Massachusetts.

Type: *National Refereed*

Anhalt, K. (2003, November). Discussant. In J. Borrego (Chair), Behavioral health interventions with Latinos: Exploring cultural mechanisms. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, Massachusetts.

Type: *National Refereed*

Borrego, J., Anhalt, K., Frazer, E., Perez, J., DeArellano, M., & Pasillas, R. (2003, November). Assessment and Clinical Considerations When Working with Hispanic Populations. Clinical roundtable presented at the annual convention of the Association for Advancement of Behavior Therapy, Boston, Massachusetts.

Type: *National Refereed*

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## Service

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### **Coordinate, Program Co-Coordinator**

**2007 - present**

*Share Program Coordinator duties with Dr. Richard Cowan. Our program is accredited by NCATE, the National Association of School Psychologists, and the American Psychological Association (APA). Intensive program and student reviews and updates take place continuously. I oversee program scheduling, program meetings, the website, student reviews, requests from APA and reports to APA, etc.*

Type: *Department*

### **Committee, Faculty Search Committees**

**2005 - present**

*Serve on Faculty Search Committees for various program areas within the EFSS department, including Educational Psychology, School Psychology, Special Education, Rehabilitation Counseling, and Early Childhood Intervention Specialist*

Type: *Department*

**Committee, Americas Committee**

**2005 - 2007**

*KSU workgroup to facilitate international exchange and study abroad in Latin America*

Type: *University*

**Consulting,**

**2005 - 2007**

*Behavioral consultation and support to Portage Industry Council Head Start Centers and Cleveland Metropolitan School District. I supervise KSU Behavior Intervention Specialist Trainees to provide behavioral consultation to Head Start centers in Portage County and Cleveland schools. (This service is part of a personnel preparation grant and my services are pro-bono)*

Type: *Regional*

**Chair, Hispanic Issues in Behavior Therapy SIG**

**2001 - present**

*Co-chair of the Hispanic special interest group of the Association for Behavioral and Cognitive Therapies (formerly Association for Advancement of Behavior Therapy)*

Type: *National*



**EXCELLENCE *in Action***